

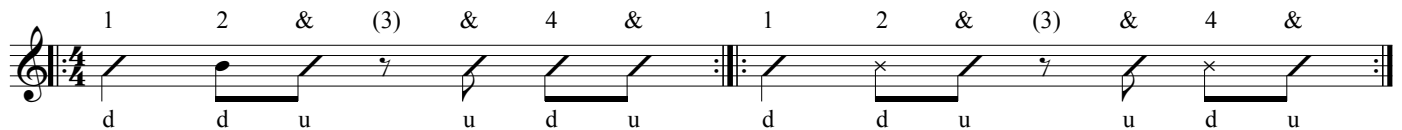
Below are exercises to work both Right and Left hands: strumming, muting and hammer-on patterns. These techniques are applied to both acoustic and electric guitars. These exercises serve as ideas to employ in your music playing and enjoyment. Simply practice each pattern until you are comfortable; pick one style and plug in the selected pattern into a song - play the pattern over the song's chord progression while keeping good time and pulse; ideally, your rhythms need to lock into the other members of the rhythm section.

Right Hand Technique - Strumming Patterns:

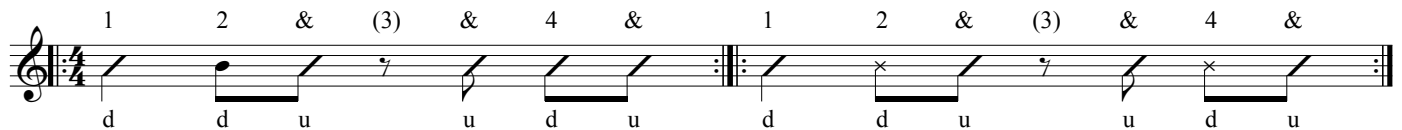
All beat patterns consist of down and up beats. In a standard beat sequence "down" strums occur on down beats and "up" strums occur on the up beats (as followed). Strumming patterns are also indicated by style and tempo.

/ = strum note x = muted note (mute with left hand & strum with right).

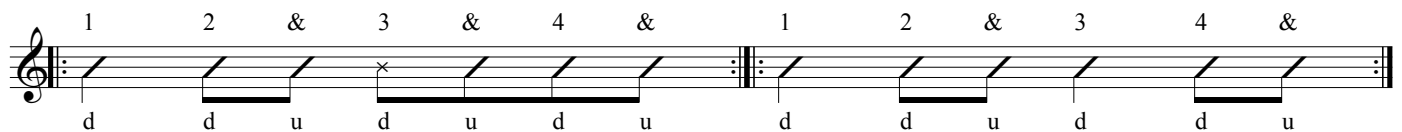
1. Standard Strum - Folk & Country @ 80 - 120 bpm.



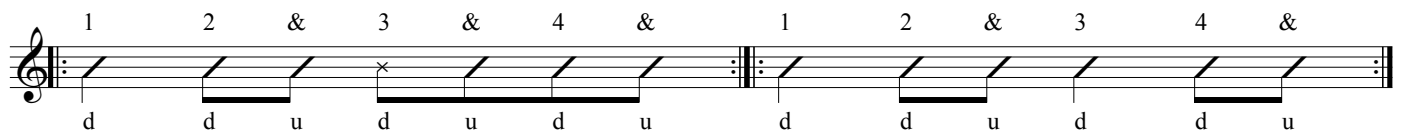
2. Standard Backbeat - Folk & Country @ 80 - 120 bpm.



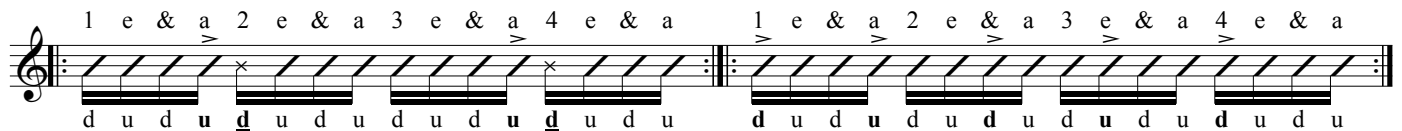
3. Standard Cut Time Feel - Pop @ 120-150 bpm.



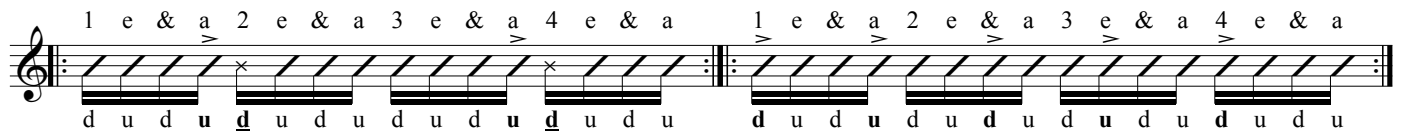
4. Gallop in Cut Time - Folk & Rock @ 100-150 bpm.



5. 16th Drum Feel - Pop @ 120-150 bpm.

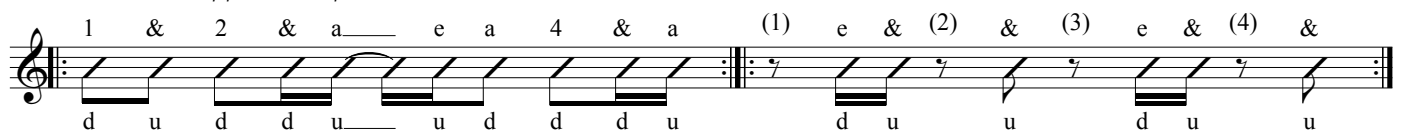


6. Free Range Chicken - Pop @ 120-150 bpm.

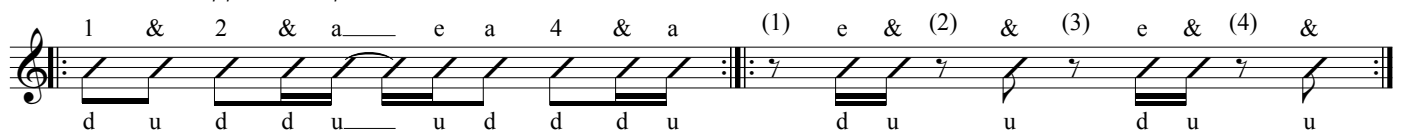


7. Swing-Pop Feel - Hip-hop @ 80-100 bpm.

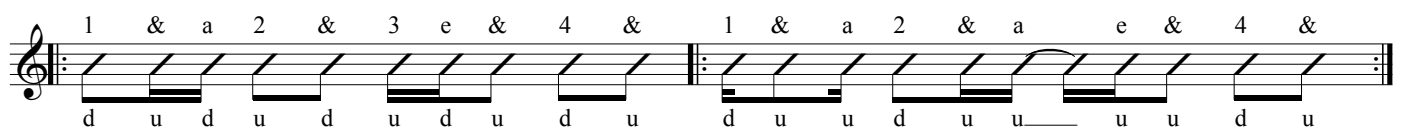
alternative down/up patterns to help feel the down beat.



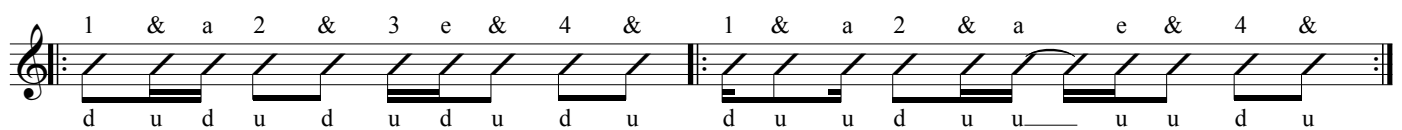
8. Free Reggae Pop @ 80-100 bpm.



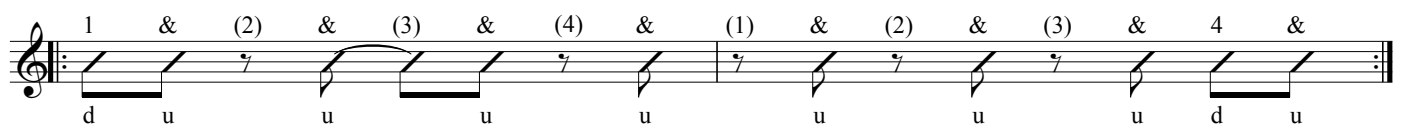
9. Eagles Sunrise - Country @ 70-100 bpm.



10. Alternative - Pop/Rock/Funk @ 70-100 bpm.

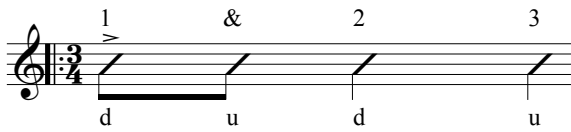


11. Slow to Medium Ballad - Folk/Pop/Rock/Country @ 70-100 bpm.

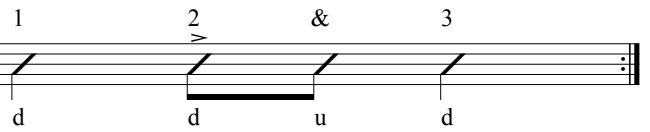


3/4 Timings (Right Hand Strumming Patterns) Patterns are the same for 6/8 and 9/8 upon doubling bars.

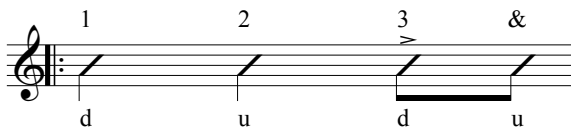
1. Celtic Waltz on 1' - Folk & Pop @ 70 - 100 bpm.



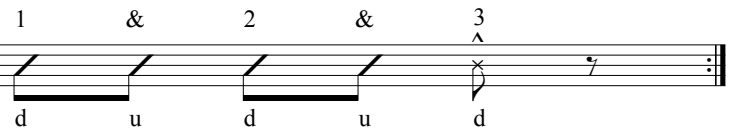
2. Celtic Waltz on 2' - Folk & Pop @ 70 - 100 bpm.



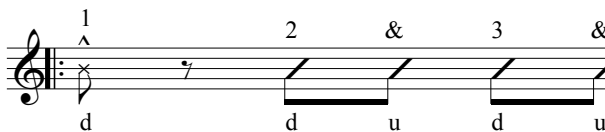
3. Celtic Waltz on 3' - Folk & Pop @ 70 - 100 bpm.



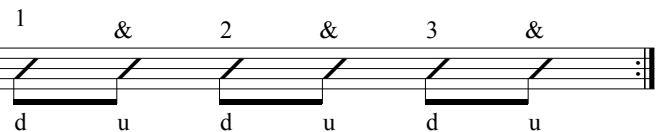
4. Celtic Accent 3' @ 70-100 bpm.



5. Celtic Accent 1' @ 70-100 bpm.

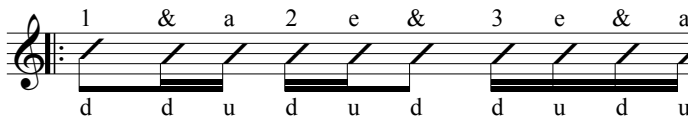


6. Celtic Rolling 8ths @ 70-100 bpm.



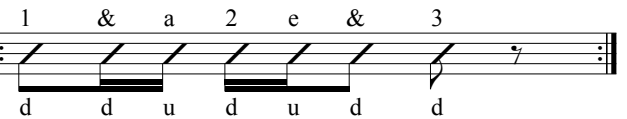
7. 6/8 Folk 16ths @ 100-130 bpm.

(PriaseChart's: To God Be The Glory - 1st Half Portion)
*Play with metronome (slow) & gradually increase tempo.



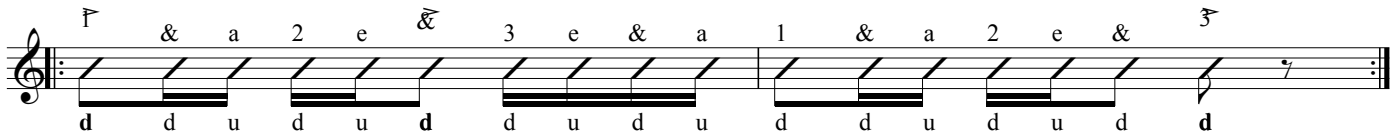
8. 6/8 Folk 16ths @ 100-130 bpm.

(PriaseChart's: To God Be The Glory - 2nd Half Portion)



9. 6/8 Folk 16ths @ 100-130 bpm.

(PriaseChart's: To God Be The Glory - ALL with Accents)



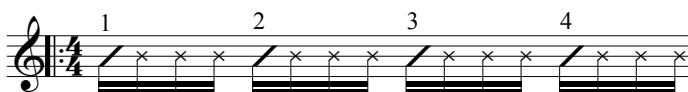
Left Hand Technique with Right Hand Strumming Patterns:

Apply pressure to left hand and mute on right hand together on "x."

Release pressure in left hand and let strings ring on "/"

Work for consistency, timing and solid execution. Practice slow and gradually increase speed.

1. 16th Steam Train 1' @ 70-100bpm



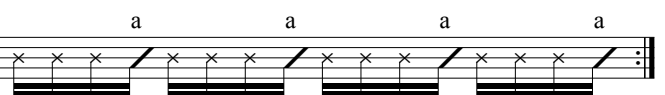
2. 16th Steam Train 2' @ 70-100bpm



3. 16th Steam Train 3' @ 70-100bpm

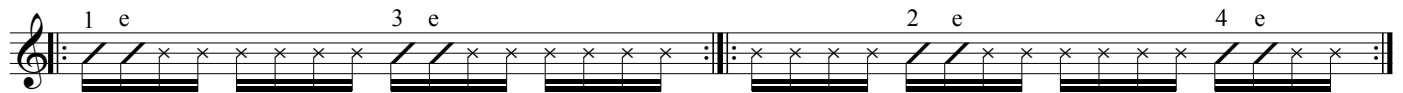


4. 16th Steam Train 4' @ 70-100bpm

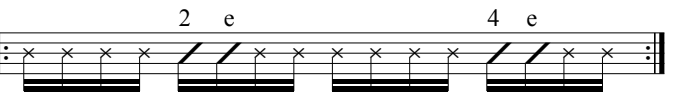


Left Hand Technique with Right Hand Strumming Patterns (continued).
Now accent on ringed (slash) notes.

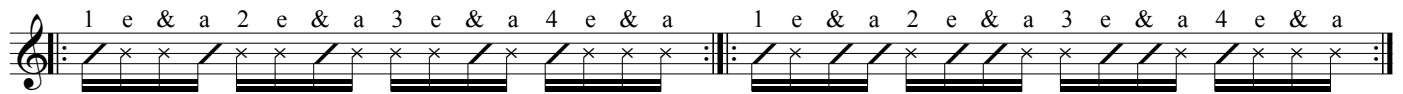
5. 16th Duple Timing 1 @ 70-100bpm



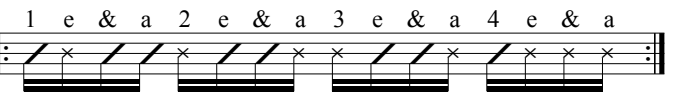
6. 16th Duple Timing 1 @ 70-100bpm



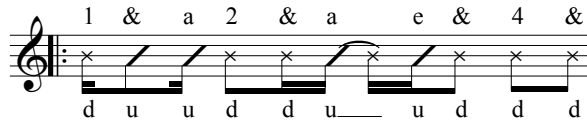
7. U2 Groove @ 70-100bpm



8. Bo Diddley @ 70-100bpm



9. Muted Alternative - Pop/Rock @ 70-120 bpm.



10. Jack Johnson Groove (samba) @ 70-100bpm

